



Royal Life Saving

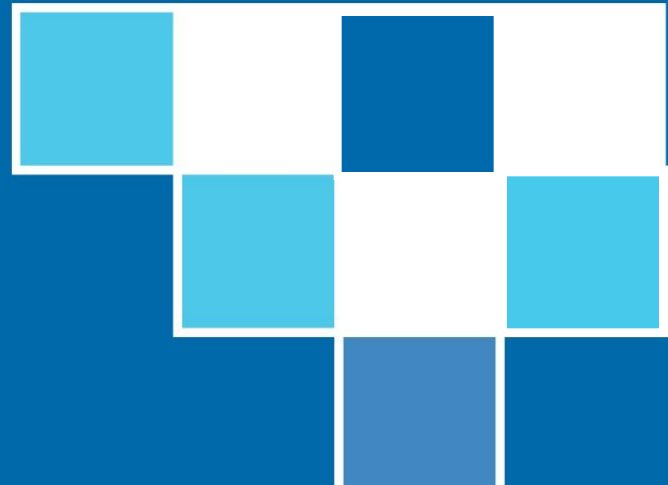
THE ROYAL LIFE SAVING SOCIETY WESTERN AUSTRALIA INC

Everyone can be a lifesaver!



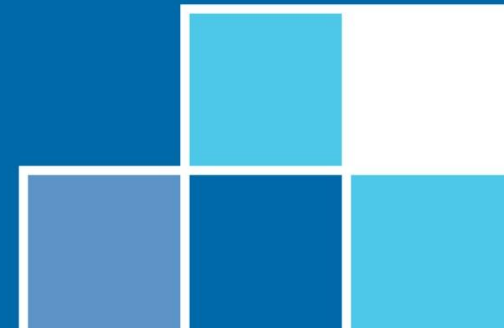
Saving Lives+
with Prevention and Community Support

Changes to Training



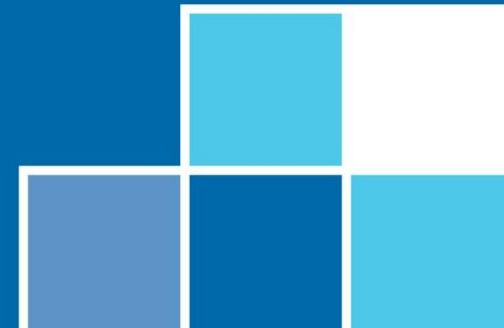
So what is changing?

- PLG Requalification course structure
- Spinal Management
- ARC Guidelines changes
- e-Learning



PLG Requal Changes

- **No longer re-issuing Units of Competence**
 - This allows greater flexibility to our course structure (Not bound to units of competence)
 - Allows us to develop the course for industry needs
- **Core Components**
 - Oxygen Setup, Usage and Take Down
 - Rescue and Resuscitate (More Realistic)
 - Spinal Management
 - Scenarios



PLG Requal Changes

- **Professional Development Session**
 - Will develop Lifeguard skill sets by teaching them something new.
 - Allows us to develop the course for industry needs ie Further First Aid training, PR skill sets, conflict resolution
- **Workshops**
 - RLS needs to consult industry to stay relevant
 - We can workshop ideas appropriate to the area
 - Constantly reviewing best practice guidelines

Spinal Management

What's Change?

- ARC Guidelines change this year and removed Semi Rigid Cervical Collars in Pre Hospital Setting. Why?

*“ANZCOR recommends all rescuers in the pre-hospital environment review their approach to the management of suspected spinal injury with regards to SR cervical collars. Consistent with the first aid principle of preventing further harm, the potential **benefits of applying a cervical collar do not outweigh harms** such as increased intracranial pressure, pressure injuries or pain and unnecessary movement that can occur with the fitting and application of a collar.*

Spinal Management

Procedure Changes

- Removal of collars has simplified Spine Management training and reduced time in the water.
- With the changes we reviewed procedure and revise with new strapping system to decrease time in water and simplified the process.
- With the funding from Royalty for Regions, LIWA will be supplying all regional facilities with new Spine Board Straps to coincide with the new procedure.

ARC Guideline Changes

Basic Life Support (BLS)

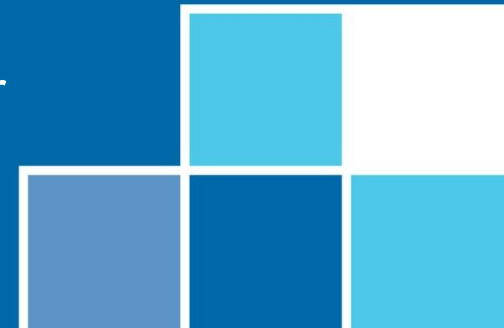
- CPR Compression rates - Now 100 to 120 (REVISED)

• Trauma Emergencies

- No longer raise legs when treating patient for Shock (NEW)
- No elevation when treating for Bleeding (REVISED)
- Use of Haemostatic dressing (REVISED)
- Use of Tourniquets can be done as last resort. (REVISED)

• Medical Emergencies

- Use of second dose of adrenaline (EPIPEN) for anaphylaxis is now recommended (REVISED)



eLearning Progress

- RLSSWA new website
- Development next 6 – 12 months
- More User Friendly
- More compatibility
(Smart Phones, PC, Laptops, Tablets)

ANY QUESTIONS?

